





3. Who are you at your best?

4. What are you capable of?

5. List 10 things you really appreciate but that you take for granted

a.

b.

c.

d.

e.

f.



g.

h.

i.

j.

6. It is your last day at school. Your teachers have written comments about you in a book. What would you like the comments to say?

7. What are the most important things to have emerged from answering these questions?